

# LENTEN RETREAT

Saturday, MARCH 20, 2010

9:00 a.m. – 6:00 p.m.

To be held at the beautiful new St. Methodios Faith and Heritage Center

## THE ST. METHODIOS RETREAT HOUSE

329 Camp Merrimack Road  
Contoocook, NH 03229

### A FULL DAY OF EVENTS

#### FIRESIDE CHAT

His Eminence Metropolitan Methodios

#### PANEL OF GUEST CLERGY

Presentations and Discussions

Fr. Nicholas M. Kastanas, Fr. Peter Chamberas, Fr. Agathonikos Wilson,

REFRESHMENTS BY THE FIREPLACE

WORKSHOPS- Hymns of Lent

- Icons of Lent

VESPER SERVICE IN THE CHAPEL

LENTEN BUFFET

**Meditation on the Beautiful Camp Grounds and Forest Trails**

(Snowshoes available)

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### COME AND ENJOY THIS MEANINGFUL PROGRAM

We invite everyone to come and participate in a meaningful day of Orthodoxy at our beautiful new Retreat Center, nestled in the peaceful forests of New Hampshire. Join us in a Fireside Chat with His Eminence Metropolitan Methodios. You will find that this is the perfect place for Lenten meditation, as well as fellowship. Be a part of the in-depth discussions, and build closer relationships with new and old friends. Enjoy.

**Presented by the St. Athanasius Church Choir of Arlington, MA**

**A member of the Metropolis of Boston Federation of Greek Orthodox Church Musicians**

**Co-sponsored by the National Forum of Greek Orthodox Church Musicians**

**Through a Grant from Leadership 100**

**RSVP- Please call to make a reservation.**

Stella Pathiakis, Choir Director, St. Athanasius Church, Arlington, MA

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St. Athanasius Church- 781-646-0705

Bus to leave St. Athanasius Greek Church at 7:30 A.M.

**SEE REVERSE SIDE FOR PROGRAM >>>>**

## **ANNUAL LENTEN RETREAT- 2010**

### **SCHEDULE FOR THE DAY**

7:30 a.m.	Bus to leave St. Athanasius Church, 4 Appleton St. Arlington, MA
9:00 a.m.	Registration and Refreshments
9:30 a.m.	Welcome- Stella Pathiakis Opening Prayer- Fr. Nicholas M. Kastanas
9:35 a.m.	Presentation and Discussion: Fr. Nichols M. Kastanas
10:30 a.m.	Break & Refreshment- Walk on the Camp grounds (Snowshoes available)
<b>11:00 a.m.</b>	<b>FIRESIDE CHAT- His Eminence Metropolitan Methodios</b>
12:30 p.m.	Lunch – Meet our Guest Clergy
1:15 p.m.	PANEL OF GUEST CLERGY-Presentations and Discussion Fr. Peter Chamberas and Fr. Agathonikos Wilson
3:15 p.m.	Break- Refreshment
3:30 p.m.	Workshops- Dean Limberakis, Dir. of Music- The Hymns of Lent -John Papson, Hellenic College- How to view the Icons of Lent
4:15 p.m.	Break-
4:30 p.m.	Vesper Services- Chapel (Readings & hymns by participants)
5:30 p.m.	Lenten Buffet
6:00 p.m.	Depart for home

*May God bless you all and give you strength during Great Lent and every day.*

#### **DIRECTIONS:**

**I-93 North past Hooksett to  
I-89 North (11 miles)  
Take exit 6 for NH-127 toward Contoocook/W. Hopkinton  
Turn Right onto Maple St., NH-127 (1.4 miles)  
Slight Left onto Kearsarge Ave. (177 ft.)  
First Left onto Pine St. (1.4 miles)  
Turn right onto Camp Merrimack Road**

**St. Methodios Retreat Center  
329 Camp Merrimack Road  
Contoocook, NH 03229**