Someone Else Suddenly Dies

Rev. Andrew Demotes

All of the members of St. Athanasius Church were deeply saddened to learn this week of the sudden and unexpected death of one of our parish’s most active members, known to us all by the affectionate name of Someone Else. As we approach the many activities of the months ahead, we must reflect, all of us, upon this very sobering and distressing news.

The untimely passing of Someone Else creates a loss that will be very difficult for the parish to fill. The reason for this, of course, is that Else has been very active and faithful member of the parish for many years, and for every one of those years, Someone always did far more than a normal person’s share of parish work. Whenever a position of leadership and responsibility had to be filled, this wonderful person was looked to for inspiration and results. “I’m sorry I don’t have the time to help, but I’m sure you’ll find Someone Else” was the often heard answer. Whenever there was a job to do, a class to teach, a meeting to attend, or a voice needed for the choir, we often found ourselves saying, “I have to pass this time, perhaps Someone Else can do it.”

Although they always tried to give anonymously, it has long been common knowledge that Someone Else was one of the most generous givers in the parish. Whenever we have felt financial need, we all assumed that Someone Else would make up the difference.

Someone Else was a wonderful person, but one person can only do so much, and everybody expected too much of Someone Else. Now that Someone Else is gone, we wonder what we are going to do. Since we can’t depend on Someone Else to do everything for us any longer, then all of us together must do the work necessary to meet the needs and serve the areas of ministry in our parish.
SAINT ATHANASIUS THE GREAT
GREEK ORTHODOX CHURCH

Metropolis of Boston
4 Appleton Street, Arlington, MA 02476

ASKISIS

OFFICIAL Publication of St. Athanasius the Great Greek Orthodox Church
Arlington, MA 02476

SUNDAY WORSHIP SCHEDULE
Winter: Orthros 8:45 am Divine Liturgy: 10:00 am
Summer: Orthros 8:00 am Divine Liturgy: 9:15 am

Acting Proistamenos: Rev. Fr. Andrew Demotses
Assistant Priest: Fr. Aaron C. Walker

St. Athanasius the Great is a parish under the spiritual and ecclesial oversight of His Eminence Metropolitan Methodios of the Metropolis of Boston, Greek Orthodox Archdiocese of America, under the jurisdiction of The Ecumenical Patriarchate of Constantinople.

The St. Athanasius the Great Greek Orthodox Church in Arlington, Massachusetts strives to be the living witness of our Lord and Saviour Jesus Christ. Our mission as a parish is to “practice hospitality” (Romans 12:13), as St. Paul so exhorts. Thus it is our rich blessing to strive and bring the Light of Christ to all of God’s people, through Orthodox Christian tradition, education and philanthropy. We seek to serve the spiritual needs of our faithful parishioners through the sacramental life of the Church. By means of outreach and faith in God, we continue our growth as a living Church by inviting others into the Orthodox faith through Baptism and/or Chrismation, and educating them through the establishment of our Christian ministries, programs, schools and philanthropic activities.

CHURCH DIRECTORY
Parish Administrative Assistants
Stella Kazantzis & Kathy VanKuilenburg
Parish Office
Monday - Thursday: 9:00 am – 7:00 pm
Friday: 9:00 am – 2:00 pm
Main Office: (781) 646-0705
FAX: (781) 641-4700
EMAIL: stathanasiusgoc@gmail.com
Website: www.saintathanasius.org

PARISH COUNCIL
Constandinos Ioakimidis ..................................President
A. Paul Tsitsopoulos ..................................1st Vice President
Mark Ypsilantis .....................................2nd Vice President
S. Nicholas Kriketos ..................................Secretary
Ted Speros ..................................Associate Secretary
Stefanos Bouboulis ..................................Treasurer
Nikitas Splagounias ..................................Associate Treasurer #1
Emmanuel Meimaris ..................................Associate Treasurer #2
Peter Stanitsas ..................................Associate Treasurer #3

Parish Council Members: ................................
Athanasios Arvanitis, David Bowling, Christina Chalapatas, Antonios Dakopoulos, Christos Eliopoulos, Vassilios Karras, Vicki Konstandakis, Alexandros Kyrou Charlie Pappas, George Pantazopoulos, Eleanor Profis, and Michael Terzakis

PARISH MINISTRIES & ORGANIZATIONS
Altar Boys (Acolytes) .................Fr. Andrew Demotses
Cantors/Psaltes .................Dimitrios Manolakis, Vasilios Meimaris, and Spyros Prois
Catechetical Sunday School Interim Coordinators ......
Father Aaron Walker and George Makredes
Choir Director .................Stella Pathiakis
Greek School Principal .............Eleni Giannaki
Greek School PTO ..................
Little Halos Interim Director ...........Argyro Nikoletos
Fellowship Hour Ministry ..........Vicki Konstandakis
Gardening Ministry ..............S. Nicholas Kriketos
GOYA President ..............Stavros Ioakimidis
JOY & HOPE .................Maria Matos
P.E.A.C.E. Ministry .............Althea Ioakimidis
Philoptochos President ..........Irene Kalogeris
Pine Street Inn Ministry ..........Randy Fassas
Stewardship ............David Bowling and Mike Terzakis

Fr. Aaron email: fraaronwalker@gmail.com
Fr. Aaron Cell: (617) 733-1045

Metropolis of Boston website ...... www.boston.goarch.org
Greek Orthodox Archdiocese website ...... www.goarch.org
“Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear” (Eph. 4.29)

Dear Faithful Stewards of St. Athanasius,

As we start the new ecclesiastical year, we need to come together as a parish to meet our challenges and move forward in our 53rd year as a parish.

His Eminence Metropolitan Methodios relieved Fr. Kastanas of his pastoral responsibilities at St. Athanasius on July 27, 2017. Many have been awaiting a more detailed statement from Metropolitan Methodios regarding Fr. Kastanas. However, it our understanding that on August 1st Fr. Kastanas filed a lawsuit against the Metropolis of Boston. The case is ongoing and it is unlikely that the Metropolis will make any type of statement, while this lawsuit is pending.

We have faced many challenges as a parish over the last half century and always found the fortitude to come together and prevail. As we enter our second half century, we need to concentrate on healing and strengthening our St. Athanasius parish.

Our church is our sanctuary. It’s where we grew up, where we formed our earliest friendships; where we went to Sunday school and Greek school; became altar servers or junior choir members; where we learned about our religion and our culture. It’s where we learned how to work together and give back, as GOYA members in our teenage years; learning from our parents, aunts, uncles, grandparents and Godparents, the importance of loving our church and working together for a common goal, supporting our beloved St. Athanasius parish. We later graduated to positions of greater responsibility, as Parish Council, Philoptochos and PTO members. It’s where many of us became examples for our children and the children of our fellow parishioners, as both Sunday School teachers and Greek School teachers. It’s where we were baptized, married, baptized our children, and buried our loved ones. For over 50 years, our beloved church, St. Athanasius the Great, is a constant that binds us together.

Church is where we go to pray to God for many things; for the health of our children, parents and loved ones; for the health and well-being of innocent people in tragic situations all over the world, for forgiveness of our sins and transgressions and those of others; and for our own salvation and that of everyone around us. We treat each other with patience, kindness and love, despite our differences and differing opinions. There are no “sides”, no right and wrong side; there’s only one side…the side of God.

Keeping these thoughts in my mind and in my heart, I ask that we all come together in grace and harmony; that we remember we are all one family who belong to our beloved St. Athanasius parish.

As September marks the beginning of the new church year, please come to our church and celebrate the Divine Liturgy as a family.

Faithfully,

Constandinos Ioakimidis
St. Athanasius Parish Council President
Welcome to St. Athanasius Greek Orthodox Church

Little Halos Day School

Welcome to the 2017-2018 school year at Little Halos Day School, which is going to be its 11th year of operation! We are very excited to begin this year and go through a journey based on our special curriculum which focuses on Faith, Language and Culture. I will also like to take the opportunity to introduce myself. I am Argyro Nikoletos, and I have been the Lead Teacher at the school for 9 years. This year, I will be taking the role of the Interim Director, as well as continue teaching. I am looking forward to serving the children and families and to a great year filled with new experiences.

Καλή σχολική Χρονιά!

Argyro Nikoletos
Interim Director, Little Halos Day School
argiro@hotmail.com
(617) 733-3439

Afternoon Greek School Program

My name is Eleni Giannaki, and I am the new Principal of the Afternoon Greek School Program at St. Athanasius.

I was born in Chalkida, Greece. I lived for many years in Athens until recently I relocated permanently to the greater Boston area with my family. I graduated from the National and Kapodistrian University of Athens, where I studied Philosophy, Pedagogy, and Psychology. I have worked for 17 years in the field of vocational training, coordinating, and teaching in programs referring to Greek language and Greek culture for foreigners (immigrants-refugees) who lived in Greece. In addition, I have extensive experience tutoring foreigners and Greek school pupils.

I look forward to partnering with our team of experienced and dedicated teachers and become worthy companions in the journey of children to their Greek roots, by applying renewed educational techniques and encouraging participatory activities which respond to children's interests and meet their communication needs.

I wish everyone a great school year!

Eleni Giannaki
Afternoon Greek School Principal, St. Athanasius Greek Orthodox Church
eleni.giannaki75@gmail.com
(617) 233-8610
Parish Council News

Parish Council President, Dean Ioakimidis, sharing fellowship with His Eminence Metropolitan Barnabas and youth of the Metropolis of Neapolis. The youth had participated in the Metropolis of Boston Camp earlier this summer. Dean was warmly welcomed by His Eminence on a recent trip to Thessaloniki.

Church Maintenance Update

Completed

- Blue handicap bollards (posts) installed in parking lot (total of 8).
- Donor plaques installed on giving tree, icon stands, and icon(s)
- Repairs made to pew book holders
- Repairs made to pew plaques - reinstalled missing plaques
- Shed lock repaired
- Areas around sheds clean-up of debris and supplies
- High security key system installed

Work-In-Progress and to be completed September/October

- To-do list for little halos classroom to be completed this weekend
- Repairs to Condensate line in office and replacement of steam traps throughout
- Interior to be completed first week of September
- Elevator Door in process of being researched for repair/and/or automation
- Sprinkler System test
- Painting of Little Halos entranceway
- Door repairs in progress
- Installation of Handicap signs on new bollards
- Clean out of Sunday School classrooms (festival supplies / treasurer items)
- Church building facade stone repairs

Projects out for bid and/or in design phase

- Terrazzo floor cleaning/restoration
- Exterior facade church sign
- Refinishing of brass work - various items on solea and pangari areas
You can make a difference by becoming a teacher or assistant, and continuing the good work of our Catechetical Sunday School.

Women, men, and young adults are wanted to serve as teachers and assistants for our children, Grades 1 through 9.

- Final organizational teachers' meeting Sunday, September 10, after Liturgy
- Classes commence - Sunday, September 17

The only prerequisite is your desire to help in this important work, benefiting the children of our parish. Printed guides will be available, along with brief curriculum outlines.

Come teach and learn, as well!

Please contact either Father Aaron Walker at FrAaronWalker@gmail.com or George Makredes at Geo.Makredes@comcast.net

Let’s join together to give the children of our parish a great Orthodox Christian Education.

1 Corinthians 15:43

“Therefore, my beloved brethren, be steadfast, immovable, always abounding in work of the Lord, knowing that your labor is not in vain in the Lord.”
Catechetical Sunday School News . . .

A warm ‘welcome back’ from a hopefully restful summer season to everyone.

Please note, our school year for the Catechetical School will commence on Sunday, September 17th, and student enrollment registration is available once again by going on-line at . . .

http://tinyurl.com/cssreg2018

Of course, students can be enrolled ‘off-line’, as well, in person at the church hall on Sunday the 17th.

Our priority remains, as always, to provide all of our children with a good Orthodox Christian education.

Our teachers and assistants comprise our dedicated staff of volunteers, to whom we are grateful, and whose service make these Catechetical Sunday Religious Education classes possible.

Grade levels start with Kindergarten, up to Tenth Grade. Questions can be directed to either Geo.Makredes@comcast.net or FrAaronWalker@gmail.com
At the beginning of each school year, the most important thing expected of all Christians is emphasized. Namely, that our life’s ‘priority one’ is to try to live our life as Christ lived His. It isn’t easy, because our every thought, word, and action, is supposed to be Christ-like.

St. Athanasius wrote, “God became Man that we might be made God”. In other words, Christ illustrated for us how we should behave as Christians, to become more like Him.

It’s a life-long process called, THEOSIS.

Thankfully, there is a ‘manual’ available to help guide us, called the New Testament Bible. In it, there are four gospels which chronicle how Jesus lived and how He responded to certain situations and challenges. It also provides the reader with an insight into Jesus’ times; not so different from today.

One unshakable fact of life here on planet Earth, is that with each passing day, we are progressing through this physical realm, gradually towards the next one, which will be totally spiritual.

Thus, life is an opportunity granted to each of us, to see if we choose Christ’s uphill challenge of Theosis, or if we instead allow the temptations of immorality, egoism, power, lust, and other sins to overpower us.

If anyone principle of religious education is to be remembered and practiced; this is absolutely it:

Christ wants us to emulate Him with our every thought, word and deed!

*(From Teen Class Notes - George Makredes)*
During sunny summer days, schoolwork is a mere memory, and going to church can easily be displaced by a fun weekend activity or vacations afar. Come September, going back to school, along with returning to Sunday religious classes, gets everyone back on a regular schedule, including increased participation in Sunday Divine Liturgy services.

Some parents might start to hear a whine or two of, “Do we really have to go to church?” And complaints of, “But the services are so long, . . . and boring”. And, “I don’t understand what’s going on”, plus “It’s repetitious”.

REALLY? WELL, LET’S SEE . . .

IS THE LITURGY TOO LONG? For those who think so, it depends on what is valued as important, because it takes more time to watch a movie or a sporting event than it does to participate in the Divine Liturgy service. Not to mention, God just granted us 168 more hours of life this past week: So, devoting about 1% of those hours back in return to express thanks, really isn’t that much.

IS THE LITURGY BORING? Well, how would the “This is boring” attitude work out at school? Imagine a student, walking into a new class with the thoughts of, “Okay, impress me, or I’m out of here”. What sort of grades would follow? Of course, schoolwork requires focus, study and attention to acquire knowledge. So the question is, “Is learning about the Divine Liturgy and our Faith, worthy of at least a couple of hours per week, compared to the time and attention given to entertainment and secular school subjects?”

IS IT REPETITIOUS? Well yes, that’s absolutely correct. But, so are other meaningful things in life repetitious. What matters most is how sincere we are in expressing such repetitions: You know, phrases like “Thank you”, “I love you”, and “I’m sorry”, are constantly said, word-for-word; just like that, without ever any change, every day, repetitiously between people. The Divine Liturgy too allows the opportunity to express those identical sentiments of ‘Thank You’, ‘Forgive me’, and ‘I love You’ every Sunday, in God’s house of worship.

Similar to any pursuit, like getting passing grades, what one gains from participating in the Divine Liturgy service will be directly related to how much time and effort they put into wanting to learn about it.

(From Teen Class Notes - George Makredes)
Welcome to the 2017-2018 school year at Little Halos Day School. We are looking forward to a fun and rewarding year with your children. Below are a few important reminders. I have also included the supply list.

**Parent Orientation:** A welcome parent orientation will take place on Wednesday, September 6th at 6:30-7:30 pm. On the calendar, the time is 5:30 p.m. The reason I am changing the time is because I want to accommodate everyone who works. **Please note that the orientation is only for parents.** I am looking forward meeting you on Wednesday!

**Agiasmo Service:** The Agiasmo service will take place in church on Thursday, September 7th at 9:00 am. It is a service performed in the beginning of the year where we get blessings for a healthy and constructive year. After the service we will take a group picture and then proceed downstairs to have refreshments and children will have the opportunity to visit their classrooms and get to know their teachers and friends. **The school will end at 12:00.**

**Friday, September 8, 2017**
First day of school!
- Half-day students 8:30-12:00
- Half-day Pre-K students 8:30-12:30
- Full-day students 8:30-3:00

**Supply List for the first day of school**
- 1 School bag/backpack (labeled)
- 1 bottle of glue
- A change of clothes, according to season, including socks and underwear, **clearly marked with your child’s name** for an emergency situation (please send these to school in a labeled plastic zip-lock bag)
- 2 crib sheets, 1 baby blanket, and your child’s favorite “lovie” (for the 8:30-3:00 pm students)

**Staggered Consumable Supply List**
Each family will take a turn bringing the following consumable school supplies. **Your assigned date for bringing the below supplies will be listed in the orientation folder you will receive the night Orientation meeting.** Please plan ahead and place reminders on your calendars.

- 2 boxes of baby wipes
- 1 box disinfecting cleaning wipes (Lysol/Clorox)
- 2 Kleenex boxes
- 1 bottle hand sanitizer

**If you are interested in signing up your child, there are a few spots available. **
**For more information and to schedule a tour, please contact Argyro Nikoletos**

Kind Regards,

Argyro Nikoletos, Interim Director, argiro@hotmail.com
(617) 733-3439
TO THE TEACHERS, PARENTS, AND CHILDREN OF THE GREEK SCHOOL OF OUR

St. ATHANASIUS PARISH

Re: New School Year, 2017-2018

As we anticipate the commencement of our Greek School Year in September, please be advised of the following:

1. The new school year begins Monday, September 18, 2076 at 4 pm with the Blessing of the Waters at our Parish Church. Following the Service, a reception will take place in the Parish Auditorium. All festivities will conclude by 5:15 pm. We kindly ask that parents receive their children at that appointed time.

2. The schedule is as follows:
   
   Kindergarten and Pre-School, Mondays (K1&K2), 4-6pm;
   First Session Monday, September 25, 2017, 4-6pm.

   Grades 1 and 4, will meet on Tuesday from 4 to 6:30pm;
   First Class: Tuesday, September 19, 2017.

   Grades 2 and 5 will meet on Wednesdays from 4 to 6:30pm;
   First Class: Wednesday, September 20, 2017.

   Grades 3 and 6, will meet on Thursdays from 4 to 6:30pm;
   First Class: Thursday, September 21, 2017

3. Tuition fees are as follows:

   First child of the same household, $470;
   2nd child, $400;
   3rd child; $350 (books are included for Grades 1-6; they are provided to us from the Archdiocese).

   **GREEK SCHOOL CLASSES BEGIN AT 4pm. Classes run from 4 to 6:30pm with a 15 minute recess.**

   Payment in the form of a check should be made out to The St. Athanasius Greek Orthodox Church.

4. Parents are reminded that the annual Stewardship offering is an essential part of the registration process. Registration must take place before the beginning of class.

5. Greek Dancing will commence on Monday, September 25th at 6 pm. The annual donation-fee is $75 per child. Minimum age is 7.

6. The annual PTO dues-offering per family is $30. (A separate check made out to: The St. Athanasius Greek School PTO) For further clarification, please contact the Parish Office 781-646-0705.
St. Athanasius the Great Parish Greek School

Registration Form: Academic Year 2017-2018

Very Important….Please Note:
1. Payments by checks for a) school registration and…. b) stewardship should be made out to:
   “St. Athanasius the Great Greek Orthodox Church.
2. Please make your separate payment of $30 for the annual PTO dues at this time.
   The check should be made out to: “St Athanasius PTO”

Ονόμα Μαθητού/Μαθητριάς Pupil’s Name: ________________________________
Ημερομηνία Γέννησης/Date of Birth: ____________________________________
Ονόμα Μητρος/Mother’s Name: _________________________________________
Ονόμα Πατρος/Father’s Name: __________________________________________
Διεύθυνση/Address: __________________________________________________
Τηλέφωνο/Telephone: ___________ Cell Phone: ____________________________
E-Mail Address: __________________________

Ταξις που εισηχεται ο μαθητης/η μαθητρια στο Αμερικανικο Σχολειο
Grade the child is entering in American School __________________________

Ταξις που τελειωσε τελευταια ο μαθητης/μαθητρια(Ελληνικο Σχολειο)
Greek School Grade last completed by the pupil: _________________________

Ταξις που εισηχεται ο μαθητης/η μαθητρια στο Ελληνικο Σχολειο
Greek School Grade the child is entering: _______________________________

Parent filling out this form
Signature ______________________________ Date: ________________

Please Print Your Name: __________________________

Parent’s Email __________________________

Parent’s Cell / Mobile Number: __________________________

Διακτρα Πρωτου Παιδιου/First Child Registration ($470):
Amount paid _______ Receipt # or check #___________

Δευτερο Παιδι/Second Child Registration ($400):
Amount paid _______ (Receipt # or check #___________)

Τριτο Παιδι/Third Child Registration 350):
Amount paid _______ (Receipt # or check #___________)

Ετησια Συνδρομη/Annual Stewardship Offering:
Amt. Pd. __________________________ Receipt or check #____________

PTO DUES $30.00 _____________ Receipt or check #____________
Parish Office News

We are here to support the parish as best as we can.

The office is staffed from 9:00 a.m. to 7:00 p.m. Monday-Thursday, and 9:00-2:00 p.m. on Fridays.

When booking your meetings and events, always call the office at (781) 646-0705 or email all important information to skazantzas@hotmail.com or kathyv@saintathanasius.org. Information is best confirmed when we receive it on the phone during office hours. Lastly, when you are finished using the auditorium and/or classrooms, thank you for remembering to turn off the lights.

Dear Parishioners: We sincerely hope you will offer your time & talent to our church by volunteering to occasionally take mail to the Arlington Center Post Office and/or the Bulk Mail Department of the Waltham Post Office. Our objective is to accumulate a list of names so volunteers may take turns. Each person would only be asked to do two or three deliveries, which would be spaced throughout the year. Please contact Stella or Kathy at the Church office at (781) 646-0705 or by email stathanasiusgoc@gmail.com

GOYA News

Hello Everyone!

With summer coming to a close, it's time to start thinking about this year’s upcoming GOYA elections.

GOYA elections will be on Sunday, September 17 (the first day of Sunday School) at 12:15 in either the pews or choir loft. You MUST be present to run for an officer position, so make sure you are in church!!

The officer positions are as follows: President, Vice President, Treasurer, 2 Co-Secretaries of Correspondence, and 1 Secretary of Minutes. There are responsibilities written out for each position, as well as the general responsibilities of all of the GOYA officers. If you are considering running, please click on INFORMATION ON BEING A GOYA OFFICER.

We would like to take a moment to give a HUGE thank you to all of the advisors from this year, Mrs. Arvanitis, Mrs. Delegas, Mrs. Dakopoulos, Mr. Kandaras, and Mrs. Ioakimidis. Additionally, thank you to all the parents who chaperoned, chauffeured, and otherwise helped us along throughout the year. Finally, thank you to all of the officers who worked so diligently to plan all of our fun events this year. Without all of you, having such a successful year truly would not have been possible.

Thank you,

Stavros Ioakimidis
GOYA President
### September 2017

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Strict Fast</strong>&lt;br&gt;Wine/Oil Allowed&lt;br&gt;Fast Free&lt;br&gt;Fish Allowed</td>
<td><strong>Holiday</strong>&lt;br&gt;Wine/Oil Allowed&lt;br&gt;Fast Free&lt;br&gt;Fish Allowed</td>
<td><strong>New Church Year</strong>&lt;br&gt;Tis Ihdicou&lt;br&gt;Orthros 8am; Divine Liturgy 9-10:15am</td>
<td><strong>OCF Vespers</strong>&lt;br&gt;Bentley College, 7pm</td>
<td><strong>Orthros 8am; Divine Liturgy 9-10:30am</strong>&lt;br&gt;Office Closed</td>
<td><strong>Elevation of Holy Cross</strong>&lt;br&gt;Orthros 8am&lt;br&gt;Divine Liturgy 9-10am&lt;br&gt;Little Halos –First Day 8:30am – 3pm</td>
<td><strong>Greek School Day Trip</strong>&lt;br&gt;To Ellis Island, MY&lt;br&gt;Pine Street Inn, 5pm</td>
</tr>
<tr>
<td><strong>Orthros 8am; Divine Liturgy 9-10:30am</strong></td>
<td><strong>Little Halos 8:30am – 3pm</strong>&lt;br&gt;Adult Greek Dancing 8-10pm</td>
<td><strong>Little Halos 8:30am – 3pm</strong>&lt;br&gt;Parish Council 7:15 pm</td>
<td><strong>Vespers at Cathedral Chapel of The Holy Cross 5pm</strong></td>
<td><strong>14 Elevation of Holy Cross</strong>&lt;br&gt;Orthros 8am&lt;br&gt;Divine Liturgy 9-10am&lt;br&gt;Little Halos 8:30am – 3pm</td>
<td><strong>Little Halos 8:30am – 3pm</strong>&lt;br&gt;Wedding Rehearsal 5pm&lt;br&gt;Georgelis-Capoccia</td>
<td><strong>Greek School Day Trip</strong>&lt;br&gt;To Ellis Island, MY&lt;br&gt;Pine Street Inn, 5pm</td>
</tr>
<tr>
<td><strong>Winter Hours Begin</strong>&lt;br&gt;Orthros 8:45am&lt;br&gt;Divine Liturgy 10-11:30am&lt;br&gt;Catechetical Sunday Church School 10am&lt;br&gt;Choir begins Memorial: +Eleftheria Ringos Goya Meeting/Elections 12:15pm&lt;br&gt;Wedding: Thea Georgelis &amp; Corey Capoccia 3pm</td>
<td><strong>Little Halos 8:30am – 3pm</strong>&lt;br&gt;Greek School Blessing of the Waters and PTO Reception 4pm</td>
<td><strong>Little Halos 8:30am – 3pm</strong>&lt;br&gt;Greek School – Gr 1 &amp; 4, 4-6:30pm</td>
<td><strong>Greek School – Gr 2 &amp; 5, 4-6:30pm</strong></td>
<td><strong>Little Halos 8:30am – 3pm</strong>&lt;br&gt;Greek School – Gr 3 &amp; 6, 4-6:30pm</td>
<td><strong>Little Halos 8:30am – 3pm</strong>&lt;br&gt;Metropolis Golf Tournament 12 noon&lt;br&gt;Parish Council 7:15 pm</td>
<td><strong>22 Little Halos 8:30am – 3pm</strong></td>
</tr>
</tbody>
</table>
# Σεπτεμβρίου 2017

<table>
<thead>
<tr>
<th>Κυριακή</th>
<th>Δευτέρα</th>
<th>Τρίτη</th>
<th>Τετάρτη</th>
<th>Πέμπτη</th>
<th>Παρασκευή</th>
<th>Σάββατο</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Strict Fast</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Wine/Oil Allowed</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Fast Free</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Fish Allowed</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

| 3 | Ορέθρος 8 π.μ. Θεία Λειτ. 9:15–10:30 π.μ. |
| 4 | Άργια Γραφείου Εορτή Εργασίας |
| 5 | |
| 6 | Λιττλ Χέλος Συνελεύσεις Γόνεων Μονον 6:30 – 8:30μμ |
| 7 | Λιττλ Χέλος Αγιασμό 9μμ στη συνεχεία Δέξιαση με αναψυκτικά στην αίθουσα Δ.Μακαμπουλή |
| 8 | Η Γεννήσεις της Θεσσαλίας Ορέθρος 8μμ Θεία Λειτ. 9–10πμ Λιττλ Χέλος 8:30πμ–3μμ Ιεροπαίδα Συν. 5:30μμ Πρώτο Στασίδι |
| 10 | Ορέθρος 8 π.μ. Θεία Λειτ. 9:15–10:30 π.μ. |
| 11 | Λιττλ Χέλος 8:30πμ–3μμ Ελληνικό Συμ. 7:15μμ |
| 12 | Λιττλ Χέλος 8:30πμ–3μμ Ελληνικό Συμ. 7:15μμ |
| 13 | Λιττλ Χέλος 8:30pi–3μμ Εσπερινός στο Ναό Του Τιμίου Σταυρού, Μπρουκλάντ, 5μμ |
| 14 | Η Υψωσις Του Τιμίου Σταυρού Ορέθρος 8μμ Θεία Λειτ. 9–10πμ Λιττλ Χέλος 8:30πμ–3μμ |
| 15 | Λιττλ Χέλος 8:30–3μμ Πρόβα Γαμού 5μμ |
| 16 | Εκδρομή Ελληνικού Σχολείου στη Νησί Ελλ, Νεά Πόρτα Πατρών Στρατ εΙν, 5μμ |
| 17 | Χειμονιατικές Ωρες Ορέθρος 9:45 π.μ. Θεία Λειτ. 10–11:30 π.μ. Χοροδία Αρχίζει Καθη Σχολ. 10 π.μ. Μνημοσύνο: +Ελεοθερία Ρηγός Γνωστά Συν / Εκλογές 12:15 Γαμος 3μμ |
| 18 | Λιττλ Χέλος 8:30πμ–3μμ Αγιασμό Ελληνικού Σχολείου 4μμ στη συνεχεία Δέξιαση με αναψυκτικά στην Αίθουσα Δ.Μακαμπουλή Ελλην Χορος Μεγαλάν 8–10 |
| 19 | Λιττλ Χέλος 8:30πμ–3μμ Ελλην Σχολ, ταξ 1 & 4, 4–6:30 μμ |
| 20 | Λιττλ Χέλος 8:30–3μμ Ελλην Σχολ, Ταξ 2 & 5 4–6:30 μμ |
| 21 | Λιττλ Χέλος 8:30–3μμ Ελλην Σχολ, Ταξ 3 & 6 4–6:30 μμ |
| 22 | Λιττλ Χέλος 8:30πμ–3μμ |
| 23 | |
| 24 | Ορέθρος 9:45 π.μ. Θεία Λειτ. 10–11:30 π.μ. Καθη Σχολ. 10 π.μ. |
| 25 | Λιττλ Χέλος 8:30πμ–3μμ Ελλην Σχολείο, ταξ Κ, 1 & 2, 4–6 μμ Ελλην Χορος Μεγαλάν 8–10 |
| 26 | Λιττλ Χέλος 8:30πμ–3μμ Ελλην Σχολείο, ταξ 1 & 4, 4–6:30 μμ Κοινοτικό Συμ. 7:15μμ |
| 27 | Λιττλ Χέλος 8:30πμ–3μμ Ελλην Σχολ, Ταξ 2 & 5 4–6:30 μμ |
| 28 | Λιττλ Χέλος 8:30πμ–3μμ Ελλην Σχολ, Ταξ 3 & 6 4–6:30 μμ Πρόβα Γαμου 5μμ |
| 29 | Λιττλ Χέλος 8:30πμ–3μμ |
| 30 | Γαμος 3:30μμ |
PROJECT MEXICO update
building hope for families without homes

July 21 – 28, 2017

Our Missions Team consisted of 2 chaperones; Dean Ioakimidis, Parish Council President and Father Aaron Walker, Asst. Parish Priest, as well as 7 GOYANs; Maria Anamateros, Melia Colt, Efthimios Deligiannidis, Stelia Deligiannidou, Delia Frederick, Taso Tsaousidis, and Lucas Walker.

Eduardo, Miraya and their Daughter Violet. Eduardo works 16 hour days, seven days a week to support his family. Owning this home will help them realize their dream to help Violet get an education that will give her more opportunities than they have had.

They inscribed on the cement at the base of their new home (which Dean is pictured finishing with a trowel): "La Familia Martinez. Dios esta Presente." The Martinez family. God is here.
We had a beach day after Liturgy on Sunday.
We needed a day of rest and recharge after mixing all that concrete.

Back in the states safe and sound!
Ministry News

Pine Street Inn:
Big shout out to the St Athanasius team -- you know who you are!! We made 40 lbs of meatloaf and purchased 6 gallons of vegetables, 25 pounds of rice, and over 200 pieces of dessert for the Sunday Night Dinner at Pine Street Inn, Women's Division that was served, Sunday August 27, 2017.

NEXT MEAL needed for Saturday, September 16, 2017

If you are interested in helping, watching, organizing, or shopping, please call the Parish Office at (781) 646-0705.

The following is needed;
- Shopping for the food at Restaurant Depot
- 5-6 people to prepare and cook the food
- Someone who is able to deliver the food

International Orthodox Christian Charities (IOCC) School Kits:

*Imagine going to school without a pencil or a notebook? In most of the countries where IOCC works, there are children who do not have even these basic school supplies. The IOCC make it possible to send school kits to needy children through its service kits program.*

Thank you to all the Hope and Joy and Little Halos kids for your gift of school kits to children in need around the world. Thank you also to the parents and teachers and advisors and donors who helped to make it happen.

The final step: several parishioners volunteered to donate the funds and bring the boxes to UPS, to ship them to the warehouse of International Orthodox Christian Charities, in Maryland.
Philoptochos Prayer

O Lord Jesus Christ, we bow our heads before You, and with humble hearts we give thanks to You for the abundant blessings, which You have poured forth upon us. We praise You for gathering us together as members of the Ladies Philoptochos Society in the service to Your Holy Church. We bless You for the selfless sacrifice of countless generations of women who have faithfully fulfilled the philanthropic mission entrusted to them. Through Your ineffable wisdom and Your Divine power, You have enabled us to minister to those who are in need of Your love, Your comfort, and Your care. Make us instruments of Your peace and of Your hope, O Lord. Where there is pain and suffering, may we bring Your healing and comfort. Where there is loneliness and isolation, may we bring the fellowship of Your Holy Church. Where there is despair and discouragement, may we inspire hope and faith in You. Where there is hatred and strife, may we be peacemakers producing the fruits of love and reconciliation.

We also ask You, O Lord, to guide our deliberations, our decisions, our fellowship, and all our labors, so that in all we do, or say, we may bring glory to Your Holy Name, of the Father and of the Son, and of the Holy Spirit. Amen.
A New Year, a New Harvest: Renewal through Orthodox Christian Community

Marianna Diveris

It’s about that time...the time for New Year’s resolutions: new beginnings, new goals and new inspiration. I am not talking about watching the ball drop in Times Square or counting down to midnight with your friends and family. I am talking about the Ecclesiastical New Year we just celebrated on September 1. Even though the official date may have passed, it is never too late to foster the theme of renewal and transformation in our hearts. It is often easier to talk about the things we want to change than it is to act upon them. Luckily, renewal and transformation are organically illustrated for us throughout this beautiful autumn season. There is no better time than now and no better way to try and change our spiritual life than with a friend, a group or a parish community to lean on.

Why does the church celebrate the New Year in September? In Roman times, the calendar year began on September 1, and after the First Ecumenical Council, Christians also began to observe September 1 as New Year’s Day. Throughout history, the completion of each year has taken place with the harvest and the gathering of crops. After a year of preparing the soil, sowing the seeds, and tending the crop with ardent care, the fruit finally ripens. The crops are then harvested to prepare for the long winter ahead, wherein the cycle begins again with the “sowing of seed in the earth for the production of future crops” (reading for September 1 from Holy Transfiguration Monastery). The Church celebrates this day, asking God for “fair weather, seasonable rains, and an abundance of the fruits of the earth.”

Throughout the centuries, men and women have seen the harvest season as a time of coming together in celebration for the hard work that has finally finished. It was common for great feasts to be held and bonfires lit to celebrate the fact that the community would have enough food to survive another winter together.

In many ways the harvest season can be compared to our spiritual life. Fr. Evan Armatas states:

Over the past year we too have cast our spiritual seeds upon the earth of our souls...as the year comes to a close we may find that our spiritual harvest is either bountiful or meager. No matter the outcome, the Ecclesiastical New Year provides us with an opportunity to begin again. (“The Ecclesiastical New Year,” August 30, 2011, www.stspyridons.org/ecclesiastical-new-year/)

The beauty of a new year is a clean slate and a fresh start. However, finding the inspiration to change is not always easy. As we watch as the leaves turn colors, breathe the crisp, clean air deep into our lungs, and as the earth closes up summer in preparation for winter, feel the change in the air. Look to the natural world as a muse for changing our hearts, and look to the people of the past as an example for how we should cling to our Orthodox Christian community for support in the coming year.

For most of us, January 1 serves as an inspiration to take better care of our bodies in the New Year. We are often inspired to set new goals for overall health and fitness. In the same way, September 1 should
serve as the inspiration and reminder to take better care of our souls. Now is the time to shake yourself up! Look in the mirror and decide if you are satisfied with the Christian you see looking back. Do you see someone who is actively seeking God in every aspect of life? Or do you see someone who is simply going through the motions? Do you see someone who says morning and evening prayers and reads the Bible? Or do you see someone who is too rushed in the morning and too tired in the evening, while the Bible collects dust on the nightstand? St. John Climacus calls this state of mind “tedium”: “Tedium is a paralysis of the soul, a slackness of the mind, a neglect of religious exercises...It is an approval of worldly things...It is a laziness in the singing of the psalms, a weakness in prayer” (The Ladder of Divine Ascent, “Step 13: Overcoming Despondency,” translated by Norman Russell and Colm Luibheid, Paulist Press, 1982). In other words, it means our spiritual lives are seriously out of shape.

Many of us struggle with living an active spiritual life. It is not uncommon to come home and relax on the couch watching TV instead of reading about the saint of the day. It is easy to spend hours on social media and the Internet but for some reason it is difficult to spend five to ten minutes in prayer twice a day. Fr. Thomas Hopko states in a lecture on Ancient Faith Radio, “The Work of God’s People” (December 9, 2011), that the work of Christians—participating in Liturgy, saying our daily prayers, etc.—is hard work! That statement, though simple, should be encouraging to all Orthodox Christians who find keeping up with their daily spiritual life difficult. The world we live in sets impossible standards of wealth, fame, fortune and glory, and it is easy to get swept up, forgetting what we are really on this earth for. But this fact should not be discouraging. It should be inspiring. What a mission! We are called for a different purpose, to be in the world but not of it. When we feel as if we are isolated in our struggles, we must remember that most of our fellow Orthodox Christians are experiencing similar trials. We are not alone! We cannot forget to use the greatest tool that God gave us: our Orthodox Christian community.

Fr. Hopko states in a talk he gave at Wheaton College (IL) in 2012: “We are the Body of Christ...and we have to be the living Bread to other people and give our life in the way that Christ did. Otherwise, we participate unto condemnation and judgment.” Mentoring, sponsoring, leaning on each other, or whatever you want to call it...this is not something we should do, it’s something we must do. We are meant to lean on our brothers and sisters on our journey to salvation. As St. Paul tells us in Galatians 6:2, “Bear one another’s burdens, and so fulfill the law of Christ.” Of course we need the guidance of our parish priest, but it is also important to find a peer or peers that can hold us accountable to the goals we set on our journey to sanctification. If you persevere, overcome the tedium, and truly change your habits and routines, you will reap a bountiful spiritual harvest!

Just like anything, your spiritual life will have its ups and downs, and some days you will feel more motivated than others. However, during this harvest season as we reflect on the freshness of the New Year and the changing environment, let us use our community to help us channel the change we want to see in our spiritual lives. As stated in Proverbs 27:17, “As iron sharpens iron, so a man sharpens the countenance of his friend.” Let us strive toward this renewal together, and together we may rejoice in the beautiful harvest.

Marianna Diveris is Administrative Assistant for the Greek Orthodox Archdiocese of America Center for Family Care. She graduated with a Bachelor of Music with a minor in Media Studies from Wheaton College.
WELCOME TO THE CHOIR NEWS
Stella Pathiakis, Choir Director-Organist

The Mission Statement of the St. Athanasius Church Choir:

The St. Athanasius Greek Orthodox Church Choir will prayerfully and humbly sing, each Sunday and on special Church Feast Days, the beautiful hymns of our Greek Orthodox Faith, with love, reverence, and dedication, while leading the parishioners as they pray. We will always strive for excellence in our performance, showing patience and respect towards the clergy, chanters, fellow choir members and parishioners as we sing to the best of our ability. We will diligently continue to learn about our faith and the hymns.

We will begin singing the hymns of the Divine Liturgy this fall on:

SUNDAY, SEPTEMBER 17th. Please meet by the piano at 9:00 AM
First Choir Rehearsal:
WEDNESDAY, SEPT. 13, at 6:30 PM.
Please make every effort to come to this first rehearsal. Friends and family members of all ages are all welcome!

Let us continue in our Ministry as Choir Members, praying and singing the hymns of our Faith. We’ve taken our oath in Church to serve “to the best of our ability.” We are leading the people in the beautiful prayerful hymns of our Greek Orthodox Church. The St. Athanasius Church family, the People, the Choir, the Altar Servers, the Chanters, and the Priest move through the living Divine Liturgy praying together. Within these Church walls, God sees and hears us all…

My prayer: That we continue to remember God’s Love and His Light! That we stay in His Light! That we sing as the Angels do...And remain peaceful in all we do.

WE INVITE EVERYONE TO JOIN US IN PRAYER! We continue moving forward…To our Choir Members who give generously of their great love and dedication, a huge THANK YOU EVERYONE! Let’s have a great year!
Fill out our Membership Form!
Order our CD - 2010 Arlington MBFGOCM Conference

More News:
MBFGOCM (Metropolis of Boston Federation of Greek Orthodox Church Musicians 2017 MBFGOCM Annual Conference- Boston Annunciation Cathedral to Host: This year’s Conference, formally celebrating the 70th Anniversary of the Federation, will be hosted by the Annunciation Cathedral of New England in Boston, MA from Friday, November 10 and culminating with the Hierarchical Liturgy on Sunday, November 12. We will be singing the Limberakis liturgical setting with the new English translation. Scholarship Applications Available 2017 Scholarship applications have been posted to the Federation website. Please note that the deadline for submission is September 15, 2017. Download the application here: http://www.boston.churchmusic.goarch.org/resources/scholarship.html Other Federation’s Conferences You may also be interested in attending: October 26-29, 2017: Eastern Federation (Metropolis of New Jersey) Place: Perth Amboy, NJ Music: Gallos IV (newly published) Conductor: Nicholas Kyrus November 3-5, 2017: Direct Archdiocesan District Federation Place: Orange, CT Music: Constantine Limberakis (new English Translation) Conductor: Constantine Limberakis
CHOIR

Join in many events! Learn about your faith!
Be a part of the church services!
Travel! Meet new friends!
Find a new inner spirit.

Join us and be an active participant of your faith. Help to be a keeper of our faith, learning more of the prayers and hymns involved in all our church services.

What we do:
- Sing the hymns of the Divine Liturgy each Sunday & on Holy Days
- Members of the MBFGOCM and National Forum
  (Metropolis of Boston Federation of Greek Orthodox Church Musicians)
- Annual Metropolis Conference
- Music/Religious Workshops
- Concerts
- Area Rehearsals
- Lenten Retreats
- Hellenic Nursing Home Annual Visit - Sing the Hymns of the Divine Liturgy
- Attend the many events of our neighboring choirs

I would like to join the Choir:

Name: ________________________________________________________________
Address: __________________________________________________________________________
City________________________ Zip ______________ Phone __________________________
Email: _______________________________________ Cell _____________________________

Check One:    Grade _____   High School ___   Adult ___    Retired ___

If under age 18, Parents’ names: _______________________________________________________________________________________

Other Family Members who may be interested: ____________________________________________________________

Comments: ___________________________________________________________________________________________

Stella Pathiakis, Choir Director, St. Athanasius Greek Orthodox Church, 4 Appleton Street, Arlington, MA 02476
Stella Pathiakis at:  Cell 339-222-2629 / Email- stella.pathiakis@comcast.net

Enjoy Choir!
Church Choir Inspirations to do Bigger and Better Things

September 2, 2013
Dinner at Papa Razzi

Conference Choir 2010 – 125 Voices!

Conference 2010- Youth Choir- Nicole VanKuilenburg, Director

Pan Orthodox Choir- 2006
O Lord, Your love is better than life itself, my lips shall declare your praise. Psalm 63, Verse 4

Metropolis of Boston Federation of Greek Orthodox Church Musicians
2010 Conference Hosted by The Saint Athanasius the Great Church Choir

CD ORDER FORM
The Divine Liturgy of St. John Chrysostom for Mixed Voices
Adapted and arranged by Constantine Limberakis, Archon Primikirios
and Sung by the MBFGOCM CONFERENCE 2010 CHOIR

PLEASE PRINT
NAME: ________________________________________________________________________________
DATE: ______________________________
ADDRESS: _____________________________________________
CITY / STATE / ZIP: ____________________________
PHONE: ________________________ CELL PHONE: ____________
EMAIL ADDRESS: ________________________________
QUANTITY ORDERED: ______ @ $14 each (Includes shipping) TOTAL AMOUNT ENCLOSED: ______

Make checks payable to: St. Athanasius Church Choir
Mail to: Attn: Stella Pathiakis
St. Athanasius Greek Orthodox Church
4 Appleton Street, Arlington, MA 02476

For information contact Stella Pathiakis at:
339-222-2629 or Email: Stella.pathiakis@comcast.net

O Lord, Your love is better than life itself, my lips shall declare your praise. Psalm 63, Verse 4
The PEACE Ministry is dedicated to offering an environment of full inclusion and acceptance to Orthodox Christians with physical or emotional challenges. The goal is to educate the community and provide an environment where all are able to come and worship regardless of their abilities. Our ultimate goal is to help foster an inclusive and welcoming environment for all by providing support and guidance through community activities, educational workshops, and a family and parent support group.

The PEACE Ministry welcomes parishioners to participate in upcoming adapted worship services and social activities. For more information, please visit www.saintathanasius.org/ministries/peace; www.greekboston.com/event/peace; www.facebook.com/StAthanasiusPEACEMinistry or contact Althea Ioakimidis at althea_ioakimidis@yahoo.com.
Η ΑΡΕΤΗ ΤΗΣ ΕΠΙΜΟΝΗΣ

Ένα από τα βασικά χαρακτηριστικά της εναρέτου ζωής των αγώνων είναι η ανεξάντλητη επιμονή με την οποία αντιμετώπισαν δοκιμασία και κίνδυνο. Πολλάς η διαφορά μεταξύ αγίοτητος και πνευματικής καταπτώσεως απεδίδετο στο δώρο της υπομονής και καρτέριας. Γι'αυτό οι άγιοι στην προσευχή τους οδηγούσαν ζητούσαν το θείο δώρο της επι-
μονής και το χρησιμοποιούσαν συνεχώς στους αγώνες των. Είχαν πάντως υπό όψιν την προτροπή του αποστόλου ο οποίος είχε πεί "'Έχετε ανάγκη υπομονής, διά να κάνετε το θέ-
λημα του Θεού, και να καρπωθήσετε τα αγαθά της υποσχέσεώς του." (Εφρ.10:36).

Εν αντιθέσει προς το θαυμάσιο παράδειγμά τους, ημείς είμεθα πολλάς προθυμούμε να εγκαταλείψουμε την αφοσίωσή μας στον Χριστόν μόλις αντιμετωπίσουμε ακόμα και το πρώτο εμπόδιο. Ο Χριστός στην θαυμάσια παραβολή του σπορέως πε-
ριγράφει τις ανταποκρίσεις των ανθρώπων στις απαιτήσεις του Ευαγγελίου. "Ένας άνθρωπος, επί παραδείγματι, φαινο-
μενικώς είναι Χριστιανός, αλλ' εγκαταλείπει την πίστη στην πρώτη δυσκολία. Ανθρωποι της αποστολικής συμβουλής που λέγει "Εκείνος που δικαιώνεται διά της πίστεως θα ζήσει. Εάν οι-
μες υποχωρήσει, η ψυχή μου δεν ευρεστείται εις αυτόν. Ε-
μείς δεν είμεθα απ' εκείνους που υποχωρούν και χάνονται, αλλ' είμεθα άνθρωποι πίστεως προς σωτηρία της ψυχής μας." (Εφρ.10:38-39).

Δεν μπορούμε παρά να θαυμάσωμε την τέλεια ειλικρίνεια του Ιησού Χριστού, ο οποίος δεν μας εκρύψε το γεγονός ότι οι οπαδοί του διέρχονταν την οδό της στενή, δύσκολη, και τεθλίμμενη. Εις την κλήση του στο αποστολικό αξίωμα μάλι-
στα, είπε "Εάν κανείς θέλη να έλθει μαζί μου, ας απαρνηθή-
τον εαυτό του και ας σηκώσει τον σταυρό του και ας με α-
κολουθήσει." (Ματ.16:24). Ετσι μας έδειξε ότι η πίστης δεν
αποτελεί τρόπο αποφυγής της θλίψης, αλλά μάλλον είναι πη-
γή αντοχής για τον ανεπόφευκτο πόνο της ζωής. Για τον όρι-
μον χριστιανόν, η πίστη δεν είναι αποφυγή τάλασσαις, αλλ' εί-
να θείο δώρο που τον επιτρέπει στην δοκιμασία του να έχει
ακόμα εμπιστοσύνη στην αγάπη του Θεού.

ΠΡ. ΆΝΔΡΕΑΣ ΔΗΜΟΣΗΣ
THINK ABOUT THIS

A smile from you can bring happiness to anyone

Every night, someone thinks about you before they go to sleep

You mean the world to someone

If not for you, someone may not be living

You are special and unique

When you think you have no chance of getting what you want, you probably won't get it, but if you trust God to do what's best, and wait for 'His time', sooner or later, you will get it or something better

When you make the biggest mistake ever, something good can still come from it

When you think the world has turned its back on you, take a look: you most likely turned your back on the world

Always remember the compliments you received. Forget about the rude remarks

Always tell someone how you feel about them; you will feel much better when they know, and you'll both be happy

If you have a great friend, take the time to let them know that you think they are great